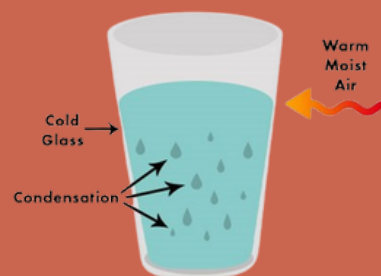


Damp, Mould & Condensation

What is Condensation?

Condensation occurs when warm, moist air in your home touches a cold surface, such as a window, wall, or ceiling. This can create water droplets and, if left untreated, may lead to mould growth.



Common signs of condensation:

- Water droplets on windows or walls
- Misty windows in the morning

How condensation forms:

- Daily activities like cooking, showering, and drying clothes indoors produce moisture.
- Poor ventilation and low heating mean this moisture has nowhere to go.
- Cold surfaces attract the moisture, leading to condensation.



How to prevent condensation:

- Keep your home at a constant warm temperature.
- Ventilate rooms regularly: open windows and leave vents open.
- Use extractor fans in bathrooms and kitchens.
- Wipe away any water from windows, walls, or other surfaces.
- Do not block built-in ventilators – they are designed to keep your home healthy.
- At night, keep a window vent open in the bedroom to allow fresh air to circulate while you sleep.

What is Damp?

Damp can form from a constant build up of condensation. It can also be caused by water entering your home or being trapped inside walls, floors or ceilings.

Common signs of damp:

- Water stains on walls or ceilings
- Peeling paint or wallpaper
- Warped wood or flooring

How damp forms:

- Condensation as a result of poor ventilation or heating.
- Leaks from roofs, gutters, or pipes
- Cracks or damaged building elements which allows water to enter.
- Inadequate insulation.



How to prevent damp:

- Check for leaks and report them immediately to Tuath.
- Keep gutters and drains clear.
- Ensure your home is adequately heated and ventilated.
- Avoid blocking vents or air bricks.

What is Mould?

Mould is a type of fungus that grows in damp areas. It usually appears as black, green, or white patches and often has a musty smell.

Common signs of mould:

- Dark patches on walls, ceilings, or around windows
- Musty odours

How mould forms:

- Mould grows where moisture collects, often from condensation or damp.
- Poor ventilation, cold surfaces, and high humidity encourage growth.
- Everyday activities like drying clothes indoors can increase the risk, but homes should be designed to prevent mould even during normal living.



How to prevent mould:

- Use a specialised mould cleaner to clean any mouldy areas — bleach won't work.
- Wipe away any moisture or condensation regularly to keep surfaces dry.
- Keep furniture slightly away from walls to allow airflow.
- Avoid drying clothes directly on radiators.
- Reduce clutter that traps moisture.

What to do if you spot

mould, damp, or condensation:

- Report it to Tuath via your Customer Service Team or Housing Services Coordinator (HSCO)
- Take simple steps: ventilate, heat, and wipe surfaces.
- Tuath may send a contractor to investigate and carry out repairs if needed.
- Environmental sensors may be used for complex cases to identify the root cause.

What can I do to help?

- Wipe away condensation from windows often.
- Dry clothes outside when you can, or in the bathroom with the door closed and the extractor fan on.
- Keep lids on pots and pans when cooking to reduce steam.
- Clean and use extractor fans and vents regularly.
- Make sure window and wall vents are open and not blocked.
- Leave a small space between furniture and walls to let air move around.
- Try to keep your home at a steady, gentle warmth — this works better than turning the heat up high for short periods.



Tip:

A steady, comfortable temperature (around 18°C–21°C during the day and 16°C at night) plus good ventilation is the best way to prevent mould.

Remember the key points:

Heating



01

Maintain an adequate temperature by heating your home

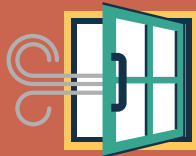
Insulation



02

Attic and wall insulation are the most effective form of insulation

Ventilation



03

Open your windows for 15–20 minutes twice a day to freshen the air, and keep your ventilation systems running.



www.tuathhousing.ie



customerservice@tuathhousing.ie



1800-852-751



Your Guide to a Healthy Home

