



Funding support

You may be able to get help with costs:

Housing Adaptation Grant

Available through your Local County Council. Ask to speak with the Age Friendly Programme Coordinator, they will talk you through the process, assist you with your application and help with any queries that you have. Small, low-cost works may be supported by Tuath Housing on a case-by-case basis. Speak to your Housing Officer to find out more.



Tuath
Housing



Making your home safer and more comfortable

A guide to Medical Adaptations for your home



Key reminders

- ✓ Always get written permission first
- ✓ Follow the OT's advice
- ✓ Use qualified and insured contractors
- ✓ Keep all paperwork safe

Please note:

- If your adaptation costs exceed €25,000, you may be eligible to apply for a transfer to a more suitable home through your Local Authority.
- Residents living in developments not managed by Tuath Housing may also need permission from a Management Company.
- Do not start work without permission, as you may be required to remove it, restore your home, and pay all related costs, which could also affect your tenancy.

Need help? We're here for you.

 Freephone: 1800 852 751

 Email: customerservice@tuathhousing.ie

Ask to speak with your Housing Officer, they will answer any queries that you have.

tuathhousing.ie

What is a Medical Adaptation?

A medical adaptation is a change to your home to help you live safely, comfortably, and independently. These changes can make everyday life easier.

Common Examples:

- ✓ Level access (walk-in) showers
- ✓ Grab rails or handrails
- ✓ Access ramps
- ✓ Wider doorways for mobility aids

Step 1 Talk to an Occupational Therapist

Before you apply, it's important to speak with an Occupational Therapist (OT). They will talk with you about your needs, assess your home, and recommend the best changes for you. Any work done in your home must follow the OT's advice.

How to find an OT

Option 1: Public Service (HSE)

You can contact your GP, your local Primary Care Centre, or your Public Health Nurse.

Option 2: Private OT

If you prefer quicker access, you can go private. Find a local therapist through the AOTI OT Directory:

 www.aoti.ie/ot-directory

 info@aoti.ie

 +353 83 080 8311



Step 2 Contact Tuath Housing

Before any work starts, you must get written permission from Tuath Housing. Contact Customer Service and they will make a note of your request, inform your Housing Officer, and send you a cover letter and application form.

Step 3 Your application

To apply, you will need:

- Your OT report
- A description of the work
- Drawings (if needed)
- Contractor details
- Cost estimate
- Proof of insurance from your contractor

You can submit this information along with your completed Application Form by post to your local Tuath Office (for the attention of your Housing Officer) or email it to customerservice@tuathhousing.ie.

Step 4 What happens next?

After you apply, Tuath Housing will review your request, provide a decision within 28 days, and send you a letter confirming the outcome.

Please note: All adaptations require approval from both Tuath Housing and the property owner. If Tuath does not own the property, you will need to obtain permission from the relevant owner (for example, a local authority or private landlord). If you are unsure who owns the property, please contact Tuath's Customer Service Team at 1800 852 751 for confirmation.

Step 5 Choosing a contractor

Once approved, you will need to hire a qualified contractor. They must provide proof of experience and insurance cover.

Step 6 Safety during work

Your contractor must follow health and safety rules, provide risk assessments, and work safely in your home. You should always feel safe and informed.

Step 7 When work is complete

Tuath Housing may inspect the work to make sure it is safe, follows the OT's recommendations, and meets building standards.